

## **Morning Program**

## Week 9, Term 2

24th June to 28th June 2019

## **MINDFULNESS WEEK**

	Monday	Tuesday	Wednesday	Thursday	Friday
Creative Activities 7:15am – 8:45am	Thoughtful Sunflowers	Relaxation Jars	COOKING with Lauren	Soothing Sensory Bottles	Calming Homemade Playdough Playdough
Construction and Games 7:15am – 8:45am	YELLOW Room  Board Games  ORANGE Room  Mindfulness Colouring-In  BLUE Room  Thoughtful Sunflowers	YELLOW Room  LEGO  ORANGE Room  All About Me Books  BLUE Room  Relaxation Jars	YELLOW Room Sylvanian Families ORANGE Room COOKING with LAUREN BLUE Room Origami	YELLOW Room Wooden Blocks ORANGE Room Mindfulness Colouring-In BLUE Room Soothing Sensory Bottles	YELLOW Room  LEGO  ORANGE Room  Sylvanian Families  BLUE Room  Calming Homemade  Playdough
Outdoor Play 8:15am – 8:45am	Bubbles	Giant Board Games	Hockey	Yoga with Lauren	Table Tennis